

Dental Anesthesia Northwest, PLLC

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GENERAL ANESTHESIA / SEDATION INSTRUCTION SHEET

You or your child has been scheduled to receive dental treatment under general anesthesia/ sedation. The medications that will be administered will allow you or your child to undergo this treatment in a relaxed and comfortable state.

The following recommendations must be followed:

- Take no solid food by mouth after 11:00 PM prior to the appointment. **Clear liquids** (apple juice, tea, water, etc.) may be consumed up to three hours before the appointment.
- Take preoperative medications with a sip of water 60-90 minutes before the appointment, and refrain from driving after taking medication.
- Wear comfortable, loose-fitting clothing with short sleeves.
- Do not wear jewelry or makeup, including fingernail polish.
- Since you may be a little drowsy following the treatment, a responsible adult must escort you home; two adults should accompany children.
- Do not drive an automobile or operate machinery of any kind until the next day.
- Do not consume alcoholic beverages until at least the following day.
- The escort is requested to remain in the clinic until the patient is dismissed.
- Arrange to have the entire day off work.
- Report any change in general health (colds, fever, sore throat, etc.) that developed prior to the scheduled appointment to Dr. Montandon at 208-818-6527.

Your safety, comfort and convenience are our primary concerns. Please follow these instructions to help us achieve our goals.

Thank you!